

**APCP COUNSELLORS IN CONNAUGHT REGION**

<b>Name</b>	<b>Location</b>	<b>Location</b>	<b>Mobile No.</b>	<b>Website</b>	<b>Email</b>	<b>Qualifications</b>	<b>Professional Membership</b>	<b>Approach</b>	<b>Areas of Particular Interest &amp; Continued Training</b>
Briega Byrne	Cavan	Cavan	087 1687170		<a href="mailto:bb.consultancy@yahoo.ie">bb.consultancy@yahoo.ie</a>	BSc, MSc, MA: Masters of Science: applied Developmental Research in Psychology * Masters of Arts: Counselling & Psychotherapy	APCP	Humanistic approach, humanistic and integrative, CBT Psychoanalytic, Choice theory. Solution focused brief theory, eclectic.	Group works – anti bullying, anger management, self esteem, relationships.
Tamar Scott	Galway	Galway	087 1300029		<a href="mailto:scott.tamar@gmail.com">scott.tamar@gmail.com</a>	M.A. Counselling Psychology (Boston College)	APCP, BPS (British Psychological Society) APA (Associate member American Psychological Association)	Eclectic approach includes existential/humanistic and cognitive behavioural approach with some psychoanalytical work.	
Mary Colleran	Galway	Galway City	086 8126519		<a href="mailto:mfcolleran@eircom.net">mfcolleran@eircom.net</a>		APCP		Marriage, Bereavement, Depression, Anxiety, Employment, Stress, Trauma, Abuse, Relationship
Declan Staunton	Mayo	Napa Psychotherapy Westport, Co. Mayo		<a href="http://www.declanstaunton.com">www.declanstaunton.com</a>	<a href="mailto:decstaunton@gmail.com">decstaunton@gmail.com</a>	M.S. in Marriage, Family & Child Psychology, BA in Development Psychology, Ass. Arts Degree in Education (USA) National Certified Counsellor (USA) since 2001, Mindfulness based Cognitive Behavioural Therapy & Hypnosis. 15 years Clinical Experience in Counselling & Psychotherapy (Ireland and USA)	M. APCP, Member of National Certified Counsellors (USA)	Holistic integrative perspective incorporates mind body and spirit approach. Gestalt Therapy, Mindfulness and Cognitive Behavioural therapies. Inner Child Therapy	
Brid Keaveney	Sligo	Sligo	087 1264629		<a href="mailto:bridkeaveney@gmail.com">bridkeaveney@gmail.com</a>	BA Hons Counselling & Psychotherapy	APCP		Professional therapeutic assessment, support education and personal development for individuals and couples who may be experiencing difficulties in their lives
Eileen Cahill	Sligo	Loftus Medical Centre - Ballymote, Co. Sligo	087 6140511		<a href="mailto:ashdale@eircom.net">ashdale@eircom.net</a>	BA Counselling & Psychotherapy Post Grad. Dip in Cognitive (Behavioural) Therapy	APCP IACP	Eclectic encompassed psychodynamic, person centred, humanistic and cognitive behavioural	Mood Disorders CT (cognitive therapy). Depression, anxiety disorders Obsessive Compulsive Disorders. Generalised anxiety disorder, health anxiety. Stress Management.