**APCP Welcomes CORU Update on Progress Toward Statutory Regulation of Counselling and Psychotherapy – 15th July 2025**

The Association of Professional Counsellors and Psychotherapists (APCP) is pleased to welcome the recent update from CORU regarding the significant progress made to date in advancing statutory regulation for the counselling and psychotherapy professions in Ireland.

CORU has announced that the Registration Board has now concluded this stage of its work. We await the anticipated communication next week from CORU CEO, Claire O'Cleary, which is expected to provide further details on the publication of the **Standards of Proficiency** and the **Criteria for Education and Training Programmes** for both counsellors and psychotherapists.

The publication of the Board’s pre-registration education and training requirements represents a **major milestone** in the long-anticipated journey toward formal statutory regulation of the professions APCP looks forward to the next development stage in the progression of statutory regulation for the counselling and psychotherapy professions in Ireland.

APCP will provide its members with timely updates upon receipt of the official communication and publication of these key regulatory documents.

**APCP Confirms CORU Support for Separation of Counsellors and Psychotherapists**

The Association of Professional Counsellors and Psychotherapists (APCP) is pleased to confirm that, alongside a small number of other organisations, it has consistently supported the recognition of Counsellors and Psychotherapists as distinct professions.

We welcome CORU’s alignment with this position, as it continues to advance the statutory regulation process. CORU’s support for the separation of the two professional designations marks an important step toward ensuring clarity, appropriate standards, and professional recognition for both roles within the mental health sector.

This development reinforces APCP’s longstanding commitment to advocating for clear, profession-specific regulation that serves the public interest while honouring the unique scope of practice of both Counsellors and Psychotherapists.

You can now access the *Standards* and *Criteria* for both professions, an introductory video, and a detailed FAQ resource on the CORU website [here](https://coru.ie/!6C0SJ9).